





# THOMASTON CENTER SCHOOL MENU – NOVEMBER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Sandwich Assorted Salads Peanut Butter & Jelly Yogurt Parfait	<b>Every Day Offerings:</b> Assorted Fresh Fruit Rainbow Veggie Tray Canned Fruit <b>Twice Per Week:</b> 100% Fruit Juice	1 Chicken Nuggets Potato Wedges <b>Orange Cinnamon Carrots</b> Ketchup	2 Homemade Pasta with Meat Sauce WG Breadstick <b>Roasted Zucchini</b>	3 Meatball Grinders Sweet Potato Fries Roasted Ranch Broccoli	4 Wild Mike Bites Marinara Sauce Caesar Salad
Ham Sandwich Assorted Salads Peanut Butter & Jelly Yogurt Parfait	7 Dutch Waffle Scrambled Eggs Maple Syrup Tater Tots	8 	9 Cheese Ravioli with Marinara Sauce Steamed Broccoli WG Garlic Knot	10 Grilled Cheese Oven Baked Fries Steamed Green Beans Ketchup	11 
Turkey Sandwich Assorted Salads Peanut Butter & Jelly Yogurt Parfait	14 Chicken Tenders Brown Rice Seasoned Corn Ketchup	15 WG Pancakes LF Cheese Stick Oven Roasted Potatoes Homemade Apple Crisp	16 WG Mac & Cheese WG Breadstick Italian Green Beans	17 All Beef Hot Dog Crinkle Cut Fries Vegetarian Baked Beans Ketchup	18 Cheese Pizza Buffalo Chicken Pizza <b>Garden Salad with Ranch</b>
Ham Sandwich Assorted Salads Peanut Butter & Jelly Yogurt Parfait	21 Crispy Chicken Sandwich Crinkle Cut Fries <b>Corn &amp; Tomato Salad</b> Ketchup	22 Popcorn Chicken Mashed Potatoes Steamed Corn WG Honey Biscuit	23-25 		
Turkey Sandwich Assorted Salads Peanut Butter & Jelly Yogurt Parfait	28 Cheeseburger Potato Wedges Steamed Broccoli Ketchup	29 Pizza Crunchers Seasoned Corn LF Cheese Stick	30 Grandma's Pasta & Meatballs WG Garlic Knot Italian Green Beans		

**Bold Indicates Fresh Produce is Used!**



Menu is subject to change. This institution is an equal opportunity provider.

Nicole Lefebvre, MS  
Food Service Director  
203-879-8145